

## Support Group Volunteer Co-Facilitator

Time and Location Varies

### About STAND!

STAND! For Families Free of Violence is a multicultural organization that recognizes the devastating impact family violence has on children. Our volunteers help our organization run - they staff our 24-hour Crisis Line, make presentations in the community, and help with the day-to-day operations. Our philosophy is that volunteers are powerful agents of change from the community who are choosing to partner with us in order to break the multi-generational cycle of violence.

Because we hold high standards for the services and programs we provide to our clients, both staff and volunteers must go through our mandated training, plus our Support Group training, and ultimately be selected by Staff. This role requires intensive engagement and commitment, and the benefits are immensely fulfilling.

### About the Support Group Co-Facilitator Role:

Our survivor support groups are held at various times and locations across the county, including virtual groups and in person groups. These groups are for individuals of all gender identities who are currently, or were in violent relationships. Through the experience of support group, participants receive peer support, domestic violence education, relational tools, psychoeducation, and an opportunity to process their trauma in order to have healthier relationships moving forward. Alongside a STAND! Domestic Violence Liaison (DVL), your role as Co-Facilitator will include:

- Attending weekly group sessions for at least 7 months in a row (with very few exceptions and required advanced notice of absences). *Consistent attendance is crucial for this role.* Committing to 7 months will ensure that you see clients graduate from the 28-week curriculum.
- Setting up and cleaning up the space for in person groups, and assisting with administrative support for virtual groups.
- Planning for weekly activities by email, phone, or in-person with your DVL before each group;
- Leading certain activities, content and curriculum.
- Providing a safe space for the entire group which includes encouraging healthy participation of each individual, modeling healthy boundaries, and providing occasional crisis intervention and/or conflict mediation.

### Requirements

- Pass fingerprint and background check
- Complete Tier 1 – 3 training
- Complete Support Group training
- Commit to attending group once/week for at least 7 months in a row
- Comfortable interacting with and working with groups
- Skilled at holding boundaries
- Be selected by staff to co-facilitate